

## Qualities of an Effective WMFC Support Group Leader



- Sincere interest in offering a Support Group opportunity
- Objective – will not promote a certain belief system or way to cope with cancer
- Can devote the time necessary to plan and publicize the meetings and coordinate special events/speakers
- Committed to coordinating a minimum number of meetings and to keep the group together and cohesive; we recommend two or more meetings each year
- Good listener
- Assertive (in a kind way) to keep the meeting on track
- Can maintain a positive, encouraging, and realistically hopeful attitude
- Can refrain from giving advice or telling others what to do about their WM and their treatments
- Prepared to share and empathize in other people's struggles with WM
- Ability to promote a sense of empowerment
- Comfortable in dealing with a difficult or unpleasant group member or a conflict in the group in a non-reactionary manner